



KWAZULU-NATAL AQUATICS

(AFFILIATED TO SWIMMING SOUTH AFRICA)

OFFICE 24 – KINGS PARK POOL COMPLEX – MASABALALA YENGWA AVE - DURBAN

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SA GRAND PRIX GALA 2

Hosted by KZN Aquatics at Kings Park Pool

23rd – 25th February 2024

Championship Rules for 2024

1. The Competition is held under the auspices of the Rules and Regulations of KZNA & SSA and the technical specifications of the sport as specified by World Aquatics.
2. Each Province is to consolidate entries before sending to Swimming South Africa. SSA will not accept any entries that are sent by clubs or the District directly to SSA. All foreign entries must get clearance from their swimming federation in order for the athletes to participate in this event.

Entry fee R100 (R90 + R10 SSA levy) per entry

The following documents must accompany the entry files:

- a) Events zip from team manager by name which must include the proof of entry and converted time. Please contact officer if you are unsure
- b) Entry report in pdf by name and entry event number
- c) Proof of payment with the entries – summary from Team Manager, no POP no entries will be accepted
- d) Excel spreadsheet for entries – please contact office if you are unsure

For KZN Entries only:

Please send entries and proof of payment to Phila: entries@kznaquatics.co.za by 12pm, Thursday 01st February 2024. Copy in Calmin: manager@kznaquatics.co.za.

Entry fee to be paid into:

KZN Aquatics

FNB

Account number: 63053167277

Branch: Kloof

Reference: *KZNGP & Club Code*

3. All correspondence after the second closing date regarding entries, will be received and And dealt with at the Managers Meeting

4. The entry fee for the 800 and 1500 M Freestyle will be payable once the entry has been accepted

5. Heats and finals will be swum, where more than 8 entries have been received, except for the 800m and 1500M Freestyle, these events will be timed finals

6 The top 8 entries for 800m and 1500m Freestyle will be accepted, Swimmers who qualify will be notified immediately after entries have been closed and processes. Swimmers who qualify for 800m and 1500m freestyle must confirm their acceptance as soon as they have received confirmation of their entries. **Withdrawal after acceptance will be subject to a penalty.**

Qualifying Times

Please adhere to the rule of this competition and use the QT below. Entries sent with no times and a custom time will not be accepted and there will be no concession for entries with no times.

WOMEN	EVENTS	MEN
LC QT's		LC QT's
29.82	50m Freestyle	26.34
1:05.15	100m Freestyle	59.04
2:22.34	200m Freestyle	2:08.51
4:57.98	400m Freestyle	4:37.27
10:10.79	800m Freestyle	9:29.63
19:19.73	1500m Freestyle	18:17.41
33.99	50m Backstroke	29.87
1:12.53	100m Backstroke	1:05.01
2:35.41	200m Backstroke	2:21.01
37.04	50m Breaststroke	32.69
1:20.79	100m Breaststroke	1:11.66
2:55.26	200m Breaststroke	2:38.68
30.78	50m Butterfly	28.05
1:09.90	100m Butterfly	1:02.30

Call Room

Athletes have to report to the call room 15 minutes prior to the official start time of the event or at least three (3) heats before their heat are due to start

An Athlete may be disqualified for failure to report to the call room.

Relay Forms

Relay forms shall be available from the Information Desk. Teams are reminded that the names of the athletes competing in relay events, both heats and finals must be submitted to the Technical Table on the pool deck no later than one (1) hour before the start of the session in which the relay takes place. Relay forms must list the athletes' name in the order they are to participate. Only Swimmers that have entered events may participate in the relays.

Withdrawals and Substitutions

All Withdrawals, substitutions and late entries must be finalized at the technical meeting. Withdrawals during the competition will only be considered on valid medical reasons. Other withdrawals or no shows will be subject to a fine.

Protests

All Protest shall be dealt with in accordance with the rules prescribed by World Aquatics. In the case of a disqualification arising from a decision of fact, the Referee's decision will be final. Protests arising out of a session must be lodged in writing with the Referee of the competition, not later than thirty (30) minutes after the results of such session have been made available to affiliated Team Managers. All Protest will be dealt with by the Jury of Appeal. The above must be accompanied with an R500.00 fee.

Technical Officials

- Qualified, experienced technical officials from visiting clubs wishing to officiate at this event must submit their request to the LOC for approval by the due date
- The Appointment of technical officials will be done by the LOC
- Each participating club is required to provide at least two (2) swimming technical officials who are registered and qualified
- The remainder of the technical officials will be provided by the host Affiliate
- All officials must adhere to the established dress code, Navy blue bottoms –long pants, trousers, long skirts, shorts may be worn for morning sessions. White shirts will be worn unless sponsored shirts are provided
 - 1 – 3 swimmers no official required – volunteering will be greatly appreciated
 - 4 – 10 Swimmers – 1 Official – 1 x timekeeper
 - 11 – 20 swimmers – 2 Officials – 2 x timekeepers
 - 21 – 30 swimmers – 3 officials – 2 x timekeepers – 1 x judge
 - 31 – 40 swimmers – 4 officials – 2 x timekeepers 2 x judges
 - 41 + swimmers – 5 officials – 2 x timekeepers – 3 x judges

Doping Control

Competitors and officials are reminded that testing can be undertaken at any event

Gala Times

Day	Date	Session	Gates Open	Warm up	Gala Start
Friday	23 February 2024	Heats	15:00	16:00	17:00
Saturday	24 February 2024	Finals	08:00	08:00	10:00
Saturday	24 February 2024	Heats	15:00	16:00	17:00
Sunday	25 February 2024	Finals	08:00	08:00	10:00

KZNA operational team – Sean Wentzel – Gerhard Labuschagne – Vani Govender – Kathy Boreham-Jennifer Naidoo

KZNA administration team Alan Fritz – Jace Naidoo – John Ellis – Lerato Ramatsa

VAT No: 4210214542

PBO No: 18/11/13/813

NPO No: 239-493 NPO

Start times may be changed if the referee deems it necessary. The Start time may change due to the number of entries for that specific day. Notice will be given.

Warm Up: Prior to the competition, the competition pool is available for warm-up from when gates open. The Warm up pool will also be available for warm-up throughout the competition period

Program of events

HEATS Friday 17:00

FINALS Saturday 10:00

800m Freestyle Women
400m Individual Medley Men
200m Freestyle Women
100m Freestyle Men 100m
Breaststroke Women 50m
Breaststroke Men 100m
Butterfly Women 100m
Backstroke Men 50m
Backstroke Women
200m Butterfly Men
200m Individual Medley Women
400m Freestyle Men
50m Freestyle Women
200m Breaststroke Men 200m
Backstroke Women
50m Butterfly Men
4 x 100m Medley Relay Mixed

HEATS Saturday 17:00

FINALS Sunday 10:00

1500m Freestyle Men
400m Individual Medley Women
200m Freestyle Men
100m Freestyle Women
100m Breaststroke Men
50m Breaststroke Women
100m Butterfly Men
100m Backstroke Women
50m Backstroke Men
200m Butterfly Women
200m Individual Medley Men
400m Freestyle Women
50m Freestyle Men
200m Breaststroke Women
200m Backstroke Men
50m Butterfly Women
4 x 100 Freestyle Relay Mixed

Gate entry fee:

Competition Ticket R130.00
Daily Ticket R70.00
Session: R40.00
Children under 12 free

Pensioners R100.00
Pensioners R60.00
Pensioners R30.00

Parking

No parking is allowed in the back parking area of the Kings Park pool complex. Security will be stationed around the parking area from early morning till after the final session in the evening.

If there are any queries, please contact Phila – entries@kznaquatics.co.za and copy Calmin - manager@kznaquatics.co.za.

Yours in swimming
KZN Operations Team